for trace levels of psoralens. We have shown that root and foliage samples of the carrot variety studied here contain no or, at most, very low ( $\ll 0.5$  ppm) quantities of any of a number of psoralens, including several of simple biogenetic complexity. Thus, our studies suggest that carrot, unlike many related plants (including some edible vegetables) does not possess biosynthetic pathways for the production of linear furocoumarins.

Psoralens are highly biologically active compounds with much medicinal value. As a result of their biochemical modes of action, particularly their photomutagenic properties which may lead to photocarcinogenicity and possibly other detrimental effects in man, it seems prudent to carefully evaluate the potential for exposure of man to psoralens through foodstuffs. The procedures described in this report for the analysis of trace levels of psoralens in plants should prove useful in such investigations.

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# A Sensitive Colorimetric Procedure for Nitrogen Determination in Micro-Kjeldahl Digests

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The need for a sensitive and accurate method for ammonia estimation in micro-Kjeldahl digests led to the reexamination of the optimum conditions of a colorimetric assay based on the Berthelot reaction. The specific procedure involves the reaction of salicylate and hypochlorite with ammonia. A minimum 40% improvement in sensitivity over other colorimetric procedures was achieved by optimization of reagent concentrations, temperature, pH, and incubation time. Comparison of values obtained by this procedure and by titration is in excellent agreement. A scaled-down procedure agreed well with the standard procedure.

The aim of our work was to measure lysine, tryptophan, and protein from single distal half-seeds. Such measurements should allow identification (without destruction) of genotypes with desirable protein quality characteristics. The main difficulty in achieving this goal was finding or developing assays which were sufficiently sensitive to allow the three analyses to be carried out on single half-kernels of common cereals.

For estimation of protein in cereals, the Kjeldahl method has been widely used. This is due to (1) the ability of the Kjeldahl method to quantitate nitrogen from either soluble or insoluble samples, (2) the nitrogen from cereal samples being largely derived from protein, and (3) the amino acid composition of endosperm protein being sufficiently constant so as to have a relatively fixed nitrogen to protein ratio within a given cereal. Thus the protein can be estimated from the nitrogen value.

The classical Kjeldahl procedure involves two steps: (1) digestion of the sample in concentrated acid and (2) distillation and titration of the liberated nitrogen as ammonia. The second step requires special equipment for distillation, and where large numbers of samples are to be analyzed,

this step is relatively slow. Thus, alternative methods for estimation of liberated ammonia directly from the digest have been examined. These include spectrophotometric estimation of volatilized ammonia (Muroski and Syty, 1980), colorimetric methods (Wall and Gehrke, 1975; Mitcheson and Stowell, 1970), and quantitation using an ammonia specific electrode (Eastin, 1976).

A colorimetric method based on the Berthelot reaction was chosen because of its sensitivity, the availability of equipment, and the potential to automate the method at a later date. Various combinations of different phenol reagents and sources of available chlorine have been tested in the Berthelot reaction of ammonia estimation (Patton and Crouch, 1977; Yamaguchi et al., 1970; Reardon et al., 1966). Because of conflicting reports in the literature regarding optimum conditions, we have reexamined many of the parameters not only to obtain the optimized conditions but also to determine how a change in any one parameter affects the overall sensitivity of the reaction.

Our nitrogen assay procedure was developed to be used in conjunction with two other assays, so that a single half-kernel would provide adequate sample for all three analyses. Thus, the need for sensitivity in the nitrogen assay lies (1) in the desire to use the minimum amount of sample for digestion and (2) the requirement that the ammonia can be accurately quantitated after the digest

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has been diluted sufficiently to avoid interference by the Kjeldahl catalyst ions. Preliminary tests indicated that if 1 g of catalyst was used, the digest must be diluted to at least 50 mL to avoid interference with the colorimetric assay.

In the development of this assay, the optimization of parameters was conducted by using ammonium sulfate as a source of nitrogen. For comparison of the optimized colorimetric procedure with the classical titration procedure, micro-Kjeldahl digests of seed tissues were analyzed. Finally, so that the method could be tested at a scale comparable to that required for half-seeds, the micro-Kjeldahl digest was scaled down, and the results for seed flour samples were compared to those obtained in our standard-sized test.

## EXPERIMENTAL SECTION

Equipment. Kjeldahl digestions were carried out in micro-Kjeldahl flasks with 100-mL calibration marks. For the colorimetric assay, the absorbance values were measured by using a Zeiss PMQ II spectrophotometer with 1.0-cm glass cuvettes. The variable slit width allowed the effective band-pass to be set at 3 nm. A Beckman digital pH meter with a general-purpose glass electrode was used for pH measurement. Reported pH values were corrected for sodium error according to the electrode manufacturer's instructions.

**Chemicals.** All chemicals used in the colorimetric assay were reagent grade. The Kjeldahl catalyst mixture (Pope Kjeldahl Mixtures, Dallas, TX) contained on a weight basis 0.3% TiO<sub>2</sub>, 0.3% CuSO<sub>4</sub>, and 10% K<sub>2</sub>SO<sub>4</sub> with the remainder being pumice. Commercial liquid bleach was used as the source of sodium hypochlorite.

Sample Preparation. Samples used in the comparison of the titration and colorimetric procedures were derived from cereal and legume grains ranging in crude protein from 7 to 29% ( $N \times 5.7$ ). Samples were individually ground to a fine grist in a Udy cyclone mill prior to micro-Kjeldahl digestion.

Micro-Kjeldahl Digestion Conditions. Samples were accurately weighed (50-100 mg) into micro-Kjeldahl flasks to which the catalyst mixture (1.0 g) and concentrated sulfuric acid (3.0 mL) were added. The digests were heated for 20 min beyond the point when the solutions had cleared. They were then cooled and diluted to 100 mL with distilled water.

Standard nitrogen solutions which were used for establishing optimum assay conditions were prepared by using oven-dried (3 h at 103 °C) ammonium sulfate. The ammonium sulfate (47.16 mg) was substituted for the sample in the above digest conditions. This digest, after dilution to 100 mL, yielded a solution of 100  $\mu$ g of N/mL. Blank digests were prepared in an identical manner by using only catalyst and acid; blank digests were used for dilution of the 100  $\mu$ g of N/mL standard solution to suitable values.

**Reagents for Ammonia Estimation.** (1) The working buffer was prepared from two stock solutions. Solution A was composed of Na<sub>2</sub>HPO<sub>4</sub> (0.20 M), NaOH (0.20 M), and sodium potassium tartrate tetrahydrate (0.36 M) prepared in distilled deionized water. Solution B was 2.50 M NaOH. The working buffer was prepared by mixing A and B on a 1:1 volume basis. (2) Salicylate-nitroprusside reagent was prepared by dissolving sodium salicylate (20.0 g) and sodium nitroprusside (30.0 mg) in distilled deionized water and diluting to 100 mL. (3) Hypochlorite solution of the appropriate concentration was prepared just prior to use by dilution of commercial bleach [5.2% w/v; available chlorine as determined by Method 6.111 (AOAC, 1975)] with distilled deionized water. Standard Procedure for Ammonia Assay. To 0.50 mL of the diluted digest containing 2–10  $\mu$ g of N, 1.50 mL of working buffer was added. After addition of 0.40 mL of salicylate-nitroprusside reagent, the solution was mixed and placed in a water bath and allowed to equilibrate to the incubation temperature before 0.20 mL of the hypochlorite solution was added. The reagent proportions used were based on those of Wall and Gehrke (1975). The complete reaction mixture was mixed and incubated for a further 30 min in a shaking bath. The sample was then diluted with 10 mL of distilled water, and the absorbance at 660 nm was measured.

Distillation and Titration Method for Ammonia Estimation. Distillation of ammonia from micro-Kjeldahl digests was carried out according to Method 47.023 (AOAC, 1975). The HCl used for titration was standardized according to Methods 50.014 and 50.015 (AOAC, 1975).

Conditions for Half-Seed Analysis. Samples (15 mg) were weighed out from bulk seed fluors to simulate the amount of material available from distal half-seeds. After essentially complete solubilization of the cereal protein by appropriate proteolytic enzymes (a step which is necessary for lysine and tryptophan analyses), the enzymic-digestion mixture was centrifuged. Aliquots (0.25 mL) equivalent to 20% of the supernatant fractions from test samples and appropriate blanks were subjected to micro-Kjeldahl digestion. The weight of catalyst, volume of acid, and diluted volume for these digests were scaled down to 1/5 those of the standard digest. Colorimetric analysis of ammonia was according to standard optimized procedure except that the final dilution was with 5 mL rather than 10 mL of distilled water and the absorbance was measured at 645 nm.

### **RESULTS AND DISCUSSION**

Salicylate has been selected as a substitute for phenol in a number of assay system (Koops et al., 1975; Felker, 1977; Reardon et al., 1966; Bietz, 1974). It has several significant advantages over phenol, including higher sensitivity in an ammonia assay (Pym and Milham, 1976), greater stability as a crystalline compound, and lower toxicity. By use of the proportions outlined in our standard procedure, an examination was made of the concentrations of the assay reagents to optimize the sensitivity of salicylate-hypochlorite ammonia assay.

Salicylate–Nitroprusside Reagent. The original concentrations of sodium salicylate and sodium nitroprusside in this reagent, 15 g/100 mL and 30 mg/100 mL, respectively, were adopted from an automated assay (Wall and Gehrke, 1975). These concentrations were used to evaluate buffer pH and hypochlorite requirements. Subsequent reexamination of these initial concentrations indicated that 30 mg/100 mL was indeed optimal for sodium nitroprusside (Figure 1), but 15 g/100 mL may be slightly less than optimal for sodium salicylate (Figure 2). Thus, salicylate concentration was increased to 20 g/100 mL.

Effect of pH. Several pH optima for the phenolichypochlorite methods have been reported, with most being below 12.5 (Fawcett and Scott, 1959; Yamaguchi et al., 1970; Bietz, 1974). Pym and Milham (1976), however, reported that the pH optimum of the incubation mixture for maximum color development was between 12.8 and 13.1. For determination of the optimum pH for the salicylate-hypochlorite method outlined here, the pH of the incubation mixture was adjusted with phosphate and sodium hydroxide. The results (Figure 3) indicate that maximum color development occurs when the incubation mixture is between pH 12.9 and pH 13.3. Dilution of micro-Kjeldahl digests to 100 mL and use of the assay



SODIUM NITROPRUSSIDE (mg/100 ml)

**Figure 1.** Effect of sodium nitroprusside concentration on color yield for 4 ( $\odot$ ) and 10 ( $\oplus$ )  $\mu$ g of N.



Figure 2. Effect of sodium salicylate concentration on color yield for 4 ( $\odot$ ) and 10 ( $\oplus$ )  $\mu$ g of N.

buffer described above allowed 0.5-mL samples to be used in the assay mixture without causing a shift in pH away from this optimum region. Routinely, the resultant pH of the incubation mixture is 13.1. The present pH optimum curve differs from that of Pym and Milham (1976) in that no shoulder was observed in our study.

Effect of Available Chlorine Concentration on the Sensitivity. In the phenol-based methods for ammonia nitrogen determination with nitroprusside as a catalyst, various concentrations of available chlorine have been used. On the basis of the incubation volume, there concentrations ranged from as low as 0.016% (Miller and Rice, 1963) to as high as 0.095% (Searcy et al., 1965). Preliminary results using a modification (Wall and Gehrke, 1975) of the salicylate-based method of Reardon et al. (1966) indicated that an optimum concentration for available chlorine occurred between the above two values.

For determination of the optimum level of available chlorine, commerical bleach was diluted with distilled deionized water to prepare hypochlorite solutions con-



**Figure 3.** Color yield as a function of incubation pH for  $0 (\triangle)$ , 5 ( $\odot$ ), and 10 ( $\odot$ )  $\mu$ g of N.



Figure 4. Effect of available chlorine concentration on color yield for  $0(\odot)$ ,  $4(\bigoplus)$ , and  $8(\blacktriangle) \mu g$  of N.

taining available chlorine in the range 0-2.0%. These solutions were used in the standard procedure and resulted in available chlorine in the range 0-0.15% in the incubation mixture.

The absorbance values which were measured for two concentrations of nitrogen at the various available chlorine levels are shown in Figure 4. For optimum sensitivity using the proportions outlined in the standard procedure and an incubation at 25 °C for 30 min, the hypochlorite reagent should be diluted to contain 0.60% available chlorine. This corresponds to 0.046% available chlorine in the incubation mixture. Incubation concentrations in the range 0.040–0.052% give essentially the same absorbance values.

Effect of Incubation Temperature. Koops et al. (1975) reported that in using the salicylate-dichloroisocyanurate method, any delay between addition of reagents (at room temperature) and incubation at 40 °C for 15 min resulted in an increase in the absorbance values. Koops et al. thus recommended that not more than two digests be treated at one time. This severely restricts the usefulness of such a procedure. Most other authors have used 37 °C as their incubation temperature (Weatherburn, 1967; Yamaguchi et al., 1970; Reardon et al., 1966).

Table I.Effect of Incubation Temperature onMaximum Absorbance

exptl condi- tions	% of max absorbance for incubation temp, °C						
	25	30	35	40	45	50	
A	99	95	90	86	79	74	
В	99	97	90	86	81	76	
С	100	99	96	95	93	90	

In the present study, the observation of Koops et al. (1975) was confirmed and three conditions were used to elaborate on this effect. The results are presented in Table I. In all three cases 8  $\mu$ g of N was used. For condition A, all reagents were added and the complete reaction mixture was placed at the incubation temperature immediately upon addition of the hypochlorite. For condition B all reagents except hypochlorite were added and the samples kept at 22 °C for 10 min. Hypochlorite was then added and the reaction mixture immediately incubated at the incubation temperature. For condition C all reagents including hypochlorite were added and kept at 22 °C for 10 min before incubating at one of the higher temperatures. In all cases the samples were incubated at the higher temperatures for 30 min. It is recognized that for condition C the actual incubation time was 40 min, but since all samples should have reached maximum color development (see Figure 5), comparisons to conditions A and B should not be seriously in error.

Regardless of the conditions used, higher incubation temperatures gave lower absorbance values. Comparisons of conditions A and B indicate that part of the complete reaction mixture is labile, not an intermediate involving just ammonia and salicylate in alkaline solution. Had the latter been the case, condition B might have resulted in diminished color formation compared to condition A. Comparison of condition C to A clearly shows the effect Koops et al. (1975) observed in their study using a 40 °C incubation temperature. Any delay in transferring the complete reaction mixture from room temperature to a higher incubation temperature results in a higher color yield. This appears to be due to a heat-labile intermediate in the overall reaction rather than to a heat-labile final chromophore. The color, once fully developed, decreased by less than 5% upon a further 30-min incubation at 50 °C.

On the basis of the trend in Table I, incubation temperatures of less than 25 °C might be even more effective for improved color development. However, for our procedure the recommended incubation temperature is 25 °C as this was the minimum temperature which was readily controllable. The sample plus salicylate-nitroprusside and working buffer mixture should be equilibrated at this temperature prior to hypochlorite addition. This procedure overcomes the problem of having to treat only a few samples at a time (Koops et al., 1975).

Incubation Time. By use of the optimum conditions of reagent concentration and pH, the time it took to reach maxmium color development at 25 °C was measured (Figure 5). An incubation time of 30 min is sufficient for full color development. With incubation times greater than 30 min, a slow increase in blank values is observed.

General Discussion. For maximum color development, the parameters studied above are considered most important, although age of reagents could be important as well (Felker, 1977). Investigation of the salicylate-nitroprusside reagent stored in the dark, at 4 °C, and at room temperature, for up to 1 year, indicated this reagent was quite stable, except that for reagent stored at room tem-



**Figure 5.** Effect of incubation time on color development for 0 ( $\triangle$ ), 4 ( $\odot$ ), and 9 ( $\bigcirc$ )  $\mu$ g of N.

 Table II.
 Comparison of Relative Sensitivities of Reported Methods

absorb- ance (10 µg of N) <sup>-1</sup>	final dilution vol, mL	reference	absorb- ance (µg of N <sup>-1</sup> (10 mL) <sup>-1</sup>
$1.65 \\ 1.06 \\ 0.430 \\ 2.55 \\ 1.33 \\ 0.488$	2.31	Bietz (1974)	0.038
	10.0	Reardon et al. (1966)	0.106
	25.0	Patton and Crouch (1977)	0.108
	4.3	Felker (1977)	0.110
	9.1	Koops et al. (1975)	0.121
	25.0	Pym and Milham (1976)	0.122

perature, the blank values increased. Net color values obtained for a given amount of ammonia were identical with those obtained with fresh reagent, however. Because pH is important, it is advisable to keep alkaline buffer solutions tightly capped to minimize the dissolution of  $CO_2$ . Our solutions were normally prepared every 2 weeks. The stability of the stock hypochlorite solution was also examined; the level of available chlorine dropped from 5.2 to 3.9% over an 18-month period at room temperature, thus requiring adjustment of the dilution ratio to maintain the optimum level of available chlorine in the incubation mixture.

Because the absorbance maximum is dependent upon pH (Pym and Milham, 1976), the spectrum of the chromophore in the optimized digest was examined. The  $\lambda_{max}$  occurred at 647 nm, which is in agreement with values reported by Pym and Milham (1976) for a pH in the region of 13. For convenience and because the absorption curve is broad, all subsequent measurements were made at 645 nm.

Discussion of the relative sensitivities of various methods is complicated by the fact that the various procedures employ different degrees of dilution. So that a comparison with other procedures can be made, the data have been reduced to a common value; the absorbance obtained per microgram of nitrogen in a final dilution of 10 mL. These values (Table II) represent the color yield efficiencies achieved by the various procedures. The method described in this paper is at least 40% better in its relative sensitivity than the other reported methods. This improved sensitivity, coupled with a clearer understanding of how the various parameters affect both sensitivity and reproduc-



Figure 6. Comparison of the titration method with the colorimetric method for ammonia estimation in the micro-Kjeldahl digest. Duplicate digestion and analysis were carried out for each of the 17 seed samples, and duplicates were in close agreement. In the linear regression equation X equals the protein value determined by titration.

ibility, allows greater confidence in routine screening of ammonia in micro-Kjeldahl digests.

A comparison of protein values estimated by the classical titration method and by the colorimetric method is shown in Figure 6. The values are in excellent agreement and indicate that highly accurate values can be obtained by using smaller samples with the more sensitive assay.

When the scaled-down procedure was tested, the results again were very reproducible and in excellent agreement with values obtained from the standard-scale analyses. Thus, by using the conditions described for the scaleddown procedure, we believe the nitrogen value can be accurately and reproducibly determined using only 20% of the available protein from a distal half-seed. Although the method could be scaled down further, this was not necessary for our work since the other two analyses could be done from the remaining 80% of the solubilized protein.

Distal half-seed analysis by such procedures should allow identification of seeds with improved protein characteristics (higher lysine or tryptophan) and the potential to reproduce from the embryo half of the seed the genotype responsible for these characteristics.

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